

Access to Healthcare

When costs for regular medical check ups and annual screenings such as mammograms that could find potential problems early must be paid out of pocket, preventative care expenses can be beyond the monthly budget. In fact seeking any healthcare may be put off until the situation is an emergency, which results in much higher costs for all of us.

United Way of the Greater Seacoast is working with our partners to find new ways to increase access to healthcare for all of us. United Way brought together key stakeholders in Strafford County who are working together to create a program that provides healthcare services donated by a network of doctors, nurses, and other healthcare professionals to uninsured individuals and families. While in Rockingham County, our investment led to an innovative program that integrates mental health services with primary care at a low-cost community health center.

Our Partners

Alliance for Community Health
Avis Goodwin Community Health Center
Bi-State Primary Care Association
Community Partners
Harvard Pilgrim Healthcare
Greater Portsmouth Chamber of Commerce
Endowment for Health
Families First Health & Support Center
Lamprey Healthcare
McLean/Stevens Law Firm
North Strafford County Health & Safety Council
NH Citizen's Alliance
NH Dept. of Health and Human Services
NH State Representative
SeaCare Health Services
Seacoast Mental Health Center
South Strafford County Public Health Network
Portsmouth Area Public Health Network

These regional efforts will greatly expand access to low or no-cost preventative healthcare and greater piece of mind for uninsured and underinsured people.

Did you know...

- Approximately 60% of adults who are uninsured work full-time for employers that provide no medical benefits or health insurance offered at rates so high they cannot afford it.
- Debt incurred from medical expenses is one of the top reasons why individuals file for bankruptcy.
- In 2005, health insurance premiums for families in New Hampshire cost nearly an additional \$1,000 per year to cover medical costs for patients without insurance.